

### **Catholic Family Support Services Official Newsletter**

# TUMANAKO TE ORA



## **NOVEMBER 2022**

Vision - Tūruapo Mission - Whakatakanga Values - Whanonga Pono Companioning families and whānau

To be the arms of Christ by companioning families and whānau in communities
Whakapapa-Genealogy (Relationships Connections)
Whanaungatanga-Kinship (Embracing Relationships)
Aroha-Love (Relating to others)
Manaakitanga-Hospitality (Nurturing Relationships)
Kotahitanga-Unity/Solidarity (Unifying Relationships)



#### KEEPING HOPE ALIVE

Catholic Family Support Services is the Social Service arm of the Catholic Diocese of Hamilton. We provide a very unique wrap-around service that puts into practice the leadership of Pope Francis, working alongside and creating a safe environment for the poor and vulnerable families and whānau in our communities.

Our ultimate goal is to empower families and whānau to regain control of their own lives. We are committed to fostering independence and confidence. It is not about a "hand-out" but a "hand-up". We welcome and work with everyone.

Catholic Family Support Services Te Ara Hou Village, 100 Morrinsville Rd, Silverdale, Hamilton

PH: 07 856 3760 or 0800 24 20 25 Email: adminecfss.org.nz Website: www.cfss.co.nz





Ngākau Tapatahi-Integrity (Pure of Heart)

Kia ora koutou,

Nau mai, haere mai and welcome to Catholic Family Support Services, November 2022 Tūmanako te Ora edition. Believe it or not, 2022 is almost at an end and the Christmas Season is nearly upon us once again. The countdown has begun for many with approximately 8 weeks to go and people are tired after another busy, uncertain, and demanding year.

At Catholic Family Supports Services, the team continues to work intensively with our people in the community. We have found that intensive casework practice combined with accessing supporting services, financial mentoring, providing basic essentials such as food, helps those we work with. Having a holistic and strength-based approach is important to the success of our whānau and families. There is a high percentage of our whanau and families that need financial assistance (whether small or big) and at Catholic Family Support Services we are in a good position to offer help to alleviate some of the pressure or options to resolve these. COVID-19 and cost of living increases have adding to an already strained and stressed community. The financial hardship, housing, mental and general health issues continue to grow for many we work with, and we continue to see new people needing our services.

With the rising of the cost of living we can source food four days a week for our families and whānau in the community through our membership with the Hamilton Combined Christian Foodbank. The wonderful team at the Hamilton Combined Christian Foodbank does a magnificent job for our community. We can also resource our wider community by providing, clothing and other items which benefits our client struggling to put food onto their table and provide the necessities. This need will grow as we are now preparing for the Christmas holidays and the many struggles, challenges, and hardship that festival and joyful session brings.

#### FAMILY CHIRSTMAS HAMPER APPEAL

The Church celebrates the Birth of Jesus Christ, and it is a festival full of joy for many people. But for some individuals, families and whānau, this joyful season doesn't come easy nor is it joyful. We see an increase of family violence, financial burden and sadly many children are caught up in these situations. Last year, we asked for help and donations to sponsor Christmas Hamper Appeal for children, their families and whānau going through hard, tough times, and more so now with the cost-of-living increases.

Due to your generosity last year, in Hamilton we raised \$4,900 and we were able to provide 64 families and whanau with Christmas Hampers compared to 52 hampers in 2021. In Tauranga we raised \$1,250 and we were able to provide 15 hampers compared to 10 hampers in 2021.

Christmas 2022 is going to be another trying and difficult time with the stresses, and hardship with rising prices, adding to worries and financial struggles of families and whānau. To help bring some small joy and relief to these families and whānau, I ask for your support today by sponsoring a Family Christmas Hamper Appeal for families, and whānau in need.

Pledges: Small Families Christmas Hamper worth \$50 Large Families Christmas Hamper worth \$100 Catholic Family Support Services Account number: 02-0342-0008002-00. Please put your name and phone number so we may contact you. If you wish to know more information, please contact the office on 07 856 3760 or email adminecfss.org.nz. I thank you for your support and generosity.

Thank you for all those who have supported Catholic Family Support Services and may God bless you all.

Meri Kirihimete me te tau hou haumaru - Merry Christmas and a safe Happy New Year.

Ngā manaakitanga (with best wishes) Renee Rewi





# **Stories of Hope**

We have been working with a person who has been struggling with their health. They had a part-time job but due to their health deteriorating they had to reduce their hours. They were worried about finances and drop in income. Catholic Family Support Services supported them to apply for Supported Living Payment (SLP) which was a long shot given that the partner was working full time and were getting some supplementary assistance already. They were successful in their SLP application and now get approximately \$300.00 a week including supplementary assistance to help them with their living expenses. This is huge help, given the persons health issues which kept them from earning extra funds to cover the basic essentials.

#### Story 2

We were working with a person who purchased a vehicle and secured finance of \$11,000 over five years with an interest rate of 27.75%. The outstanding balance was approximately \$4,600. This person had kept up with the payments of \$350.00 a month for  $3\frac{1}{2}$  years but became a finance struggle. With the support of our Financial Mentor, a full and final settlement of \$3k was offered to the finance company subject to a loan being approved by Nga Tangata Microfinance. The finance company accepted the offer which was huge savings and wonderful outcome for the person. The person saved \$1,600.00 plus interest and admin fees for the remaining term of the loan.

#### Story 3

Our team worked with a person who physical abused a young person and was under investigation. CFSS team worked with the parents. The young person who had been self-harming and was working with other agencies. There was ongoing conflict between the parents who had shared care. The parents could not agree on the appropriate ways to manage the behaviour of their young person.

CFSS worked with the parent providing counselling support and advice on parenting strategies. Home visits with the young person to work through mental health issues and problems commenced. At one session the parent and the young person agreed to work together on their communication. The parent reported that the support received from CFSS has given them confidence in her own parenting style. We continue to support the family.



## SPONSOR A FAMILY AND WHĀNAU CHIRSTMAS HAMPER

Small Families Christmas Hamper worth \$50 Large Families Christmas Hamper worth \$100

Catholic Family Support Services Account: 02-0342-0008002-00.

Please put your name and phone number so we may contact you.

If you wish to know more information, please contact the office on 07 856 3760 or email adminecfss.org.nz.



If you are finding that your weekly income is not going as far as it should, and you have got a little behind in some of your regular payments, then you might consider contacting Catholic Family Support Services, Financial Mentoring Service. We can help with negotiating with creditors to reduce payments based on a robust hardship application, Kiwisaver Hardship applications and even support you with Work and Income entitlements, to name a few. Please contact us on our Freephone Number – (0800) 24-20-25 to refer yourself to our service.





#### KAIĀRAHI KAUPAPA MĀORI

#### Te Wero - The Challenge

We are seeking a full-time Kaiārahi Kaupapa Māori to establish high trust collaborative relationships with Māori and to align our services with Māori aspirations within our processes. Working as part of a team, the role will support the Manager to continuously look for ways to facilitate better relationships and outcomes for Māori, lwi, Hapū, Whānau including Hahi Katorika Māori community whilst building internal capacity of staff.

At Catholic Family Support Services, we are passionate about achieving enduring relationships and improving outcomes for and with Māori, therefore, we are looking for people with existing skills, experience, and knowledge within Te Ao Māori who are passionate about sharing, shaping, teaching and improving services relationships.

#### Iā koe - About You

As Kaiārahi Kaupapa Māori, you will champion building cultural capacity within the service, developing, strengthening relationships and will assist in driving development and improvement on delivery of services.

You will be a big-picture thinker and innovator, as well as a very practical implementer. Your extensive relationships with Māori and experiences will contribute to internal policies and procedures that will improve our service delivery to and for Māori.

To succeed in this role, you will have:

- Proficiency in Te Reo M\u00e4ori me ona tikanga and knowledge of M\u00e4tauranga M\u00e4ori
- Past experience in a position which has seen you engaged and relationship building with Māori
- The cultural competency to promote and demonstrate the value of Te Ao Māori and tikanga Māori, to act as Kaiārahi Kaupapa Māori
- A sound grounding in Te Ao Māori and understanding of Te Tiriti o Waitangi

If you would like to be part of Catholic Family Support Services wonderful team, want to share your knowledge, and experience, to help our whānau and families we work with, then we would love to hear from you.

For a job description and an application form, please contact Theresa at Catholic Family Support Services, ph. 07 8563760, 0800 24 20 25 or admin @cfss.org.nz

Application closes when the position is filled.

#### FUNDING AND GRANTS OFFICER

We are seeking for a part-time (15-20 hours per week) methodical and strategic Funding and Grants Officer to join our wonderful team. This is a new role in Catholic Family Support Services. You would have proven experience in the field and ready to work to enhance our existing funding models and identifying new sources of funding. You will have great written communication skill, highly organised and driven to achieve results.

The role will involve:

- Administering grants calendar that aligns grant criteria to projects and costs
- Writing and submitting successful grant applications.
- Preparing and submitting grant reports and accountabilities.
- Keeping accurate records.
- Working with community and government agencies
- Working with Philanthropic Trust

And can demonstrate the following skills and attributes:

- Evidence of excellent people and communication skills
- Excellent time management skills
- Extremely organised and proactive with workflow
- Ability to identify and understand the needs of our communities
- Proven written and oral communication skills, sound computer literacy skills.
- Understanding of Tikanga Māori
- As a full NZ Drivers Licence (Clean Class 1)
- Ability to build effective working relationships with clients, team, and external agencies
- Knowledge working in a bicultural and/or multi-cultural context.

If you would like to be part of Catholic Family Support Services team, want to share your knowledge, experience, to help our whanau and families, then we would love to hear from you.

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#### **FAMILY & WHĀNAU SUPPORT**

Our team of Social and Whānau support workers provide intensive family support to families and whānau facing difficulties and challenges in their lives.

## TRIPLE P POSTIVIE PARENTING PROGRAM

We have trained and accredited team members who can provide one on one or group sessions for families and whānau

#### SUPERVISED CONTACT

Our team of Contact supervisors provide a safe environment where children can have contact with their parents, families and whānau.

#### **FINANCIAL MENTOR**

Our team of Financial Mentors provide services to individuals, families and whānau to help manage financial hardships and achieve their financial goals.

#### **KAHUKURA**

Our team provides a holistic approach to build financial and social resilience. This service acknowledges that financial issues are not in isolation of an individual or family or whānau welfare and needs.

#### **FINANCIAL PRAOGRAMME**

Our skilled team provides a money management programme.

#### **BASIC RESOURCES**

Our team has access to and can provide food, clothing an other basic essential to families and whānau in need.



# Referral



E E CONFIDENTIAL

Free Family and Whānau Support

Catholic Family Support Services is taking referrals for those looking and needing family and whānau support. This is a home-based service that offers measive wraparound support including:

- help with parenting advice and information;
- accessing other services;
- advocating on behalf of family and whānau caring for children grandparer raising children and mokopuna;
- · access to counselling services and more.

Free Financial Mentoring Support

Catholic Family Support Services is taking referrals for those looking for support and guidance with financial matters and budgeting. Our Financial Mentors can help you your family and whānau:

- · deal with debt;
- advocate with debtors, agencies and organisations;
- support and help with your benefit entitlements and more.

Free Kahukura Financial and Family/Whānau Support

Catholic Family Support Services is taking referrals for those people poking family and whānau and financial support:

- need support with family and whānau matters;
- need support with finances issues;
- need someone to talk to



