

TŪMANAKO TE ORA

Catholic Family Support Services



Our mission and values

Catholic Family Support Services is the Social Service agency for the Diocese of Hamilton. Our services are home-based and provide the support necessary for people to make fundamental changes to their lives. The ultimate goal is to empower families and individuals to regain control of their own lives. Our commitment is to foster independence and confidence. It is not about a "hand-out" but a "hand-up". We welcome people whatever their beliefs.



Events

Whanau Gala & Cat show

Whanau Gala and Cat Show, 20 March 2021, 9am-2pm.

Charity Quiz Night

We are excited to announce that the 2021 quiz will be held on Friday 17 September 2021 at Hamilton Gardens pavilion.

Keeping hope alive

Manager's Corner

Kia ora e hoa ma,

Wow!!! Tūmanako te Ora is celebrating its first birthday this month. Catholic Family Support Service launched its first edition of Tūmanako te Ora bi-monthly newsletters in December 2019 providing you with current news, stories, events and much more. The meaning of Tūmanako te Ora - "Hope Alive" connects us with Catholic Family Support Services philosophy of "Keeping Hope Alive" and that we see potential in every individual, whanau/families and see our role as helping them achieve their potential, no matter how much their circumstance have worked against them.

With Christmas nipping at our heels and 2021 nearly at our door steps, you may ask, 'Where did 2020 go!!! or Good-Bye 2020 see you later!!!' For Catholic Family Support Services 2020 brought new beginnings; new staff; unprecedented times, creative ways of operating remotely, Alert levels and a new normal due to COVID-19.

The Catholic Family Support Service team worked hard to "keep hope alive" in our community by providing a unique and meaningful service to many people, families and whanau that are in need, vulnerable and most at risk. From January-October 2020 we provided services to 1024 people, this includes 378 Financial Mentoring clients (budget), and 124 Family Support clients and 522 individuals' basic essential packages and food parcels. Indirectly our services touched an extra 600-700 people. Unfortunately, we experienced an increase in basic essential packages, food parcels, and financial mentoring due to COVID-19. This number is expected to increase in 2021.

I would like to extend a warm welcome and introduce our newest member to the Catholic Family Support Services team, Sophie Faulkner. Sophie joined the team in November and is appointed Tauranga Social Worker. She will be working out of The Kollektive, at the Historical Village. Sophie will be working in the Tauranga and Mount Maunganui rohe and will be in



Services

Family Support

Social work services for families who require some support to manage the challenges they face.

Financial Mentoring

Our staff can work with you to help you achieve your financial goals.

BFC + Kahukura

It is a holistic approach to building financial resilience that acknowledges financial issues are not in isolation of an individual's wider social needs.

Provision of basic resources

We can access food, clothing and other basics for people who are in need.

Supervised Contact

We provide a safe environment where children can have contact with their parents.

Programmes

Our skilled staff run grief programmes, money management programmes and cooking classes.

touch with the parishes over the coming weeks. Sophie will provide you with a blurb further on in the newsletter, so stay tuned.

I would like to sincerely thank my team for their hard work and commitment they have demonstrated over this year. You are all amazing.

Hamilton Combined Christian Food Bank

Catholic Family Support Services is a member of the Hamilton Combined Christian Food Bank and has been since its beginning. In July 2020, I was nominated as the Chairperson, which I am very honoured to have accepted. Over the years many Catholic parishes have been giving food and donations. I would like to thank all our Catholic parishes, individuals, groups and other organisations who have given so freely. Your donations and food have helped many people in need in our community. Without your support and generous donations, the food bank would not be able to do the important mahi (work) that they do and we at Catholic Family Support Services would not be able to provide our whanau and families with food.

Christmas Hampers

We would like to thank everyone for their generous donations to sponsor a Christmas Hamper for families and whanau who struggle during this season. We still have a little more time before our cut-off date off and would welcome your support, whether small or large.

Upcoming Events 2021

For more information on Catholic Family Support Services 2021 events, please contact our office 07 856 3760; visit our website cfs.org.nz or follow us on Facebook.

Whanau Gala and Cat Show 2021

Keep an eye out for Catholic Family Support Service Whanau Gala and Cat Show, 20 March 2021, 9am-2pm. Catholic Family Support Service event aims to connect with the parishes, schools and wider community as well as raise funds towards upgrading our IT equipment, so we can continue the great work and interact face-to-face and remotely with our people. There are limited stalls available for a small fee and conditions will apply so please apply. We are also taking cat show registrations (limited numbers) for a small fee and conditions will apply.

HOW YOU CAN HELP - Seeking Club 1000 Members

Catholic Family Support Services is seeking 500+ people who will commit to financially supporting our services by donating \$100 per year. By doing this you will continue to help provide qualified family support workers to work alongside families, whanau and provide them with the support they need to improve and rebuild their lives.

Catholic Family Support Services depends on Government contracts and the generosity of our community, Trusts and donations so to provide our services. Our current funding comes from: Government contract 60%; Philanthropic Trusts 38% and donations 2%.

Check out our website for information <http://www.cfss.org.nz> or follow us on Facebook.

THANK YOU

I would like to thank all those who have contributed to Catholic Family Support Services in 2020 and over the years. To many individuals who drop off clothing, knitted goods and the like which makes such a difference to our whanau/families.

To our wonderful and generous Club 1000 members for their monthly, ongoing support and donations.

Greenlea Foundation for the wonderful support and funding they give us to help people and whanau/families in need.

Common Good Foundation for your continued support and funding.

Catholic Family Support Services heartfelt thanks also goes out to all the organisations, trusts and many others for their support during 2020.

2021 is looking to be another busy year for the team at CFSS. We look forward to seeing you all in the New Year.

From CFSS Team and Board we would like to wish you and whanau all a Merry Christmas and Happy

Merry Christmas

Safe New Year 2021. See you all next year.

Ngā manaakitanga (with best wishes)

Renee Rewi



Whanau Gala - 20 March 2021



We have begun planning the Whanau Gala for 2021. We have faith that next year there will be no reason to cancel.

The intention of our gala is to bring together the community in which we live and work. We are very excited about catching up with familiar faces and meeting new friends.

The gala will be old-style A&P show in vibe. There will be a bouncy castle, side-shows, live music, barista coffee and ice-cream.

We are hoping to collaborate with parishes and schools in the diocese and will make contact with you soon. However, if you are wanting to get involved please make contact with our office on (07) 856 3760.

There will be space available for market stalls where anyone can register with us and set up a trestle to sell their crafts. We are also taking cat show registrations (limited numbers) for a small fee and conditions will apply.

Charity Quiz Night - 17 September 2021

After sadly cancelling the CFSS Charity Quiz Night for 2020, we are happy to announce that we set and booked the Hamilton Gardens Pavilion for the 17 of September 2021. More information and details to come in the New Year on how you can book your team and table.

Community Awards

In July 2020, Catholic Family Support Services was awarded the Manaaki Award for displaying an exceptional commitment to the Ara Poutama value of Manaaki with the Department of Corrections. Over the years we have provided financial services to many Corrections Pahere. We were very honoured to receive this award and be recognised for the work we do in the community. We look forward to continuing working with the Department in the New Year.

Photo - Dianne LeBas receiving the Manaaki award.



Financial mentoring Success Stories

Not all of our clients are on a benefit or a low wage. On occasion, we have clients who have a healthy income, but they are simply not confident when handling their money. One such client had never been responsible for the family finances. Sadly, their partner passed away, and they had to figure out not only how to manage on one income, but how to do the basics such as pay bills and use internet banking.

This story is quite common within all generations, even young families often only have one member handling the finances. Sadly creditors and banks do not often wait for you to grieve, and when my client finally felt that they could consider their finances there was a pile of overdue bills, as well as phone calls and emails from banks to address.



During our appointments we have worked together, making a financial plan, contacting banks and creditors, putting affairs in order, and learning how to budget and spend money sensibly, making sure to allow for large budget items in the future such as house maintenance, and rates. Now that the crisis is over, we continue our regular appointments, building and reinforcing financial capability. My client is now confident with internet banking and can sleep at night knowing that she has put money aside to meet their financial commitments in the future. They have even opened a savings account, this was one of the goals that they set when our budgeting sessions began.

Many of my clients require 'debt management' rather than budgeting advice, so it is a nice change for me to be able to help a client who has issues that do not involve a choice between paying the power bill and putting food on the table; all of the clients who come to our service needing support with their budgeting are complex and very grateful to be facing a future where they confidently manage their own finances.

- Janinne Thomas



Meet the team

Sophie Faulkner

Kia Ora, my name is Sophie Faulkner and I have recently joined the team at Catholic Family Support Services. I am a registered Social Worker and based in Tauranga. I am originally from Gisborne and I studied at Auckland University. After completing my studies I worked as a Family Start Social Worker working alongside whanau with children between the ages of 0-5 years. I have now decided to relocate to Tauranga.

In Tauranga I am providing intensive, home-based social work services for individuals and whanau. I am able to offer parents and caregivers support with parenting practices, goal setting, linking in with other support services, advocating for individuals and whanau, as well as support for extended whanau caring for children.

Within my practice I use a strengths-based, therapeutic approach. I am passionate about walking alongside people and whanau in supporting them to create long lasting positive change. Please don't hesitate to email or call me if you know of someone who may benefit from this service or just to introduce yourself.



Christmas holiday hours at Catholic Family Support Services

Catholic Family Support Services office will officially close at 12pm on Wednesday 23 December 2020. The office will re-open at 8.00am on Monday, 11 January 2021.

Thank you from the team at Catholic Family Support Services for your support in 2020, and we look forward to seeing you again in 2021.



Whanau/Family Support

Catholic Family Social Services is currently taking referrals for those looking for family/ whanau support (family/ whanau can also self-refer.) This is a home based service that offers intensive wraparound support including;

- Help with parenting advice and information
- Accessing other services
- Advocating on behalf of family/ whanauSupport with managing the behaviour and care of children
- Support for extended family/ whanau caring for children
- Access to counselling services

Financial Mentoring

Do you need support with your budget? Are you finding it hard to make ends meet?

Our Financial Mentors can help you to deal with debt, support you in speaking to other agencies and organisations about your debt.

CFSS CAN HELP YOU!!!

Financial Mentoring Team at Catholic Family Support Services is here to HELP YOU. We will work with you to remove some of your financial pressures.

Call us on 07 856 3760 or text us on 021 755 753 or email us at admin@cfss.org.nz or message us.



Social Media

Many of you may have seen our Facebook page, but now we also have an instagram page, so please follow our pages to keep up to date with our events and other hopefully interesting posts.



Contact

p: (07) 856-3760

e: admin@cfss.org.nz

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